

NRS 389.033 Development of list of curricula and programs concerning prevention of substance misuse and substance use disorders.

NRS 389.033 requires the Nevada Department of Education develop, maintain, and publish on an Internet website maintained by the Department a list of evidence-based curricula and programs concerning the prevention of substance misuse and substance use disorders. All content should be addressed in an age-appropriate manner. Content and resources should be differentiated across all grades. School districts and charter schools should work with external partners to support curriculum, instruction, and professional learning. Unless otherwise noted, the programs below are currently available for free.

- [Cannabis Awareness and Prevention Toolkit](#) - The Cannabis Awareness and Prevention Toolkit is an online, educational resource that can be adapted to fit the individual needs of educators and students in all types of settings, including elementary, middle and high schools; community-based organizations; and health-related agencies.
- [CATCH My Breath](#) - CATCH My Breath is a peer-reviewed, evidence-based youth vaping prevention program developed by The University of Texas Health Science Center at Houston (UTHealth) School of Public Health. The program provides up-to-date information to teachers, parents, and health professionals to equip students with the knowledge and skills they need to make informed decisions about the use of e-cigarettes, including JUUL and disposable devices.
- ****[Class Action](#) - Class Action is an alcohol prevention curriculum for teens based on real-life dramatic court cases involving alcohol use by minors. Class Action is the high school component to Project Northland, Hazelden's evidence-based alcohol prevention program. **This program is not a free curriculum.****
- [EVERFI](#) - Students are faced with making choices every day. With EVERFI's digital health and wellness curriculum, kids are taught that the choices they make and habits they form now become the foundation for the lives they lead as adults.
- [Natural High](#) - Natural High is a drug prevention nonprofit that inspires and empowers youth to find their natural high and develop the skills and courage to live life well.
- [National Institute on Drug Abuse](#) - Search for free lessons and activities on the science and consequences of drug use. All lessons are based on national science and education standards and were developed by scientists from leading universities and the National Institute on Drug Abuse.
- [Project ALERT](#) - Project ALERT is a free classroom-based substance abuse prevention program for 7th and 8th graders that's proven to reduce the experimental and continued use of drugs. Through a series of comprehensive lessons, Project ALERT motivates students against drug use, cultivates new non-use attitudes and beliefs, and equips teens with the skills and strategies they'll use to resist drugs.
- ****[Project Towards No Drug Abuse \(TND\)](#) - Project TND is an effective drug abuse prevention program that targets high school-age youth. It was developed by Steve Sussman, Ph.D. and staff at the Institute for Health Promotion and Disease Prevention Research, in the Keck School of Medicine at the University of Southern California. **This program is not a free curriculum.****