Nevada Health Response

COVID-19 PANDEMIC
Weekly Situation Report
Friday, October 16, 2020

#MaskUpNV

SMATER. | STRONGER. | HEALTHIER.

In coordination with the Office of Governor Steve Sisolak – Cleared for Public Distribution
Governor’s Directives and Declarations

- Guidance for Live Vocal Performers

- Updated COVID-19 Dashboard to Better Follow Trends, Inform Public

- Declaration of Emergency Directive 034 – Youth Sports
  ✓ Nevada Guidance for Adult & Youth Sports
  ✓ COVID Screening Guide – Sports
  ✓ COVID Screening Check In – Sports

- Declaration of Emergency Directive 033 – Updated Guidance for Safe Gatherings

- Nevada Guidance for Safe Gatherings – Celebrations, Ceremonies, and Events


- Places of Worship, Life-Rites Ceremonies and Gatherings – Celebrations, Ceremonies, and Events

- COVID-19 Guidance for Gatherings at Private Residences

- Comprehensive List of Screening Documents
  ✓ COVID-19 Screening for Employees Guide
  ✓ COVID-19 Screening for Employees Guide (Spanish)
  ✓ COVID-19 Screening for Employees – Sign In Sheet
  ✓ COVID-19 Screening for Employees – Sign In Sheet (Spanish)
  ✓ COVID-19 Screening for Visitors Guide
  ✓ COVID-19 Screening for Visitors Guide (Spanish)
  ✓ COVID-19 Screening for Visitors – Sign In Sheet
  ✓ COVID-19 Screening for Visitors – Sign In Sheet (Spanish)

- Comprehensive List of Signage Documents
  ✓ Capacity Signage – Landscape
  ✓ Capacidad Limitada Signage – Landscape
  ✓ Capacity Signage – Portrait
  ✓ Capacidad Limitada Signage – Portrait

  ✓ Guidance for Tenants and Landlords Under Directive 031 – FAQs
  ✓ Orientación para inquilinos y propietarios según la Directiva 031 – Preguntas frecuentes

- Declaration of Emergency Directive 030
  ✓ COVID-19 County Tracker
The Pandemic Emergency Technical Support Program makes $20 million in Corona-virus Relief Funds available to provide operational support to small businesses, non-profits organizations, arts and culture organizations, and local Chamber of Commerce impacted by the COVID-19 pandemic. The Program is intended to be flexible and ensure that eligible businesses, non-profits and other entities can adequately respond to the COVID-19 pandemic, safely reopen and continue their operations. Application Period: October 19 at 8:00 AM through November 2 at 5:00 PM.

Federal Register Notice: Temporary halt in residential evictions to prevent the further spread of COVID-19. CDC Order continues to prohibit evictions in Nevada through the end of December 2020, under certain conditions. “Eviction” means any action by a landlord, owner of a residential property, or other person with a legal right to pursue eviction or a possessory action, to remove or cause the removal of a covered person from a residential property. State and local laws with respect to tenant-landlord relations vary, as do the eviction processes used to implement those laws. The judicial process will be carried out according to state and local laws and rules. Eviction does not include foreclosure on a home mortgage. Access to the CDC Order, the downloadable declaration form, and answers to frequently asked questions.

Celebrating Halloween is a cherished fall tradition for many Nevadans, but in the midst of the COVID-19 pandemic, it remains critical that we do all we can to minimize the risk of catching or spreading the COVID-19 virus while having fun on these special days. Many traditional Halloween activities, such as door-to-door trick-or-treating, may appear low risk because they take place outdoors or the interactions may be short. However, when a lot of people participate in lower-risk activities at the same time, it raises the potential for disease spread across the state. As Nevadans plan their Halloween activities, they are urged to consider and follow the guidelines and best practices below. Guidance for Celebrating Halloween - Guidance for Celebrating Dia de los Muertos - Spanish
Get Tested for COVID-19

Testing is crucial to help treat, isolate or hospitalize people who are infected. Testing also is important in the bigger public health picture on mitigation efforts, helping investigators characterize the prevalence, spread and contagiousness of the disease.

COVID-19 data and test results that include people who don’t show symptoms (“asymptomatic”) can provide a more accurate understanding of how the virus is spreading. Identifying asymptomatic cases provides information on how the virus impacts the communities in Nevada.

Testing location information is provided and maintained by Castlight: COVID-19 Resource Center. (Locations are not endorsed or vetted by the NV Department of Health and Human Services.) Testing sites can be searched by specific location or county. For more information call Nevada 2-1-1.

Medicaid covers COVID-19 testing for most uninsured Nevadans. Most who are either uninsured or enrolled in a limited benefit Medicaid eligibility group may be eligible for coverage. There is no resource or income test for this group. In addition to being uninsured (enrolled in a limited benefit Medicaid eligibility category), individuals must be Nevada residents, a U.S. citizen, or have qualifying immigration status and provide a social security number to qualify. Apply here.
Contact tracing gives health officials the information needed to draw a road map of how COVID-19 is traveling throughout Nevada. This procedure aims to identify and alert people who have come into contact with a person infected. Your information will not be shared. The process begins at the point one of the health departments receives a positive lab report. If you get a phone call from a contact tracer, they will identify themselves and ask you for specific information. Help Nevada slow the spread and answer the call.

**Contact tracing involves:**

- Interview infected people to identify everyone they had close contact with
- Collect data on each case (discuss initial symptoms, when they were most infectious, what they did on those days, who they interacted with for at least 15 minutes within 6 feet of each other).
- Follow-up with identified contacts and advocate they follow CDC health guidance.
- Notify contacts of their potential exposure and refer contacts for testing.
- Connect contacts with services they might need during the self-quarantine period.
- Monitor smartphone usage to determine who has been in contact with an infected person.

**Contract tracers will not ask for:**

- Social Security Number
- Money
- Salary Information
- Bank, credit card, insurance & financial information
- Ask about your citizenship
- Offer to sell you a COVID test kit

**HOW COVID-19 CONTACT TRACING WORKS**

The local health department receives a notification of a positive COVID-19 test from a hospital, doctor’s office or other testing facility.

A case investigator interviews the person to identify potential contacts. Anyone who has been within 6 feet of the person for more than 10 minutes is at risk of exposure.

A contact tracer reaches out to anyone who has been exposed to check for symptoms and recommend testing and/or self-quarantine for at least 14 days.

If the exposed person tests positive, a new investigation is launched to trace their contacts as well.
COVID Trace is a contact tracing mobile app developed by the Nevada Department of Health and Human Services that uses a technology called the Exposure Notifications System from Google and Apple. The app exchanges anonymous information with other phones in your vicinity and can notify you if you’ve come in contact with someone who has tested positive.

✓ The app uses Bluetooth to exchange random codes with nearby phones.

✓ Every day, it checks a list of random codes from people who tell the app they tested positive.

✓ If it finds codes that match, the app notifies you that you’ve been exposed and explains what to do next.

How it works:

✓ Download the free COVID Trace app from the Apple or Android app store.

✓ Once you opt-in, the Exposure Notifications System will generate a random ID for your device. To help ensure these random IDs can’t be used to identify you or your location, they change every 10-20 minutes.

✓ Your phone and the phones around you will work in the background to exchange these privacy-preserving random IDs via Bluetooth. This is a passive process that begins once you opt-in and functions without the app open.

✓ Your phone periodically checks all the random IDs associated with positive COVID-19 cases against its own list.

✓ If there’s a match, the app will notify you with further instructions from the Department of Health and Human Services on how to keep you and the people around you safe.

Protecting your community. And your privacy.

With the COVID Trace app, you don’t have to choose between your privacy and the health and safety of your community. The app was designed to protect and preserve your privacy. It doesn't use GPS and can’t share your location or information.

No one will know:

✓ Your location, name or address
✓ Your health information
✓ Who you met
✓ Who tested positive

Download now for free.

Learn more about how the COVID Trace works
Some of the symptoms of flu and COVID-19 are similar, making it hard to tell the difference between them based on symptoms alone. Diagnostic testing can help determine if you are sick with flu or COVID-19. The first and most important step in preventing flu is to get a flu vaccination each year. CDC also recommends everyday preventive actions (like staying away from people who are sick, covering coughs and sneezes and frequent handwashing) to help slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu.

About two weeks after vaccination, antibodies develop that protect against influenza virus infection. Flu vaccines will not protect against flu-like illnesses caused by non-influenza viruses. There are tests available to diagnose the flu from other viral or bacterial causes of respiratory illnesses.

Anyone can get the flu (even healthy people), and serious problems related to the flu can happen at any age, but some people are at high risk of developing complications if they get sick. This includes:

- Children younger than 5, especially under 2 years
- Adults 65 years of age and older
- Pregnant women (and women up to 2 weeks postpartum)
- Residents of nursing homes and other long-term care facilities
- People with chronic medical conditions (such as asthma, diabetes, or heart disease)
- People with weak immune systems from disease or medication (such as those having chemotherapy for cancer)
- American Indians and Alaskan Natives

The Nevada State Immunization Program is attempting to contact tribal partners across the state to seek their input on how each would like to receive vaccine allocation. Tribal jurisdictions have the option to receive vaccine from the state of Nevada or the federal government.

Questions: Contact Teneale Chapton

tchapton@health.nv.gov
Springstone Montessori School is top of its class in safety. The whole school has come together to stay open and keep its students safe and educated. Teachers and students study hard to be COVID-19 compliant. Director Uli Favata said, “I choose to be positive, you can do anything with the right people.” The lessons start at the door, with drop-off of the students. There is a temperature check for everyone entering the building and a temperature log kept for every team member, visitor, and teacher. Family is no longer allowed in the classroom and the students have to wash their hands for 20 seconds before entering the classroom. Everyone is face masked except children under 2 years old.

All high-traffic and contact areas are heavily disinfected and teachers have their own disinfecting kits in their classrooms. Cleaning supplies are measured and tested to parts per million to ensure they are compliant for strength and safety.

The playtimes are staggered per class on the playground to avoid co-mingling. All of the equipment and structures are wiped down after each class is finished playing. Every evening hospital-grade disinfectant is sprayed after the children have left and once a week a commercial company comes in and deep cleans the entire school.

Grab your popcorn and soda: the silver screen is ready for its encore. After being closed for five months, Galaxy Theatres in Carson City has opened its curtains again to local movie goers. The pandemic may seem like a postapocalyptic movie, but Galaxy Theatres has numerous safety measures to keep moviegoers safe during this troublesome time.

Sierra Legg, the general manager at the Galaxy Theatres, said, “The safety of our guests and team members has always been top priority.” Upon reopening the theater was able to offer all of the jobs back to its employees. “We are like a big family here,” Legg said about the team that is working so hard to keep patrons safe. Prior to reopening, new high-efficiency particulate air filters were installed in the facility and air purifiers were placed throughout. The establishment also has new electrostatic sprayers that spray out non-toxic disinfectant and the entire venue is sprayed every morning. Contactless hand sanitizers are available throughout the theater.

The theater achieves half capacity with every other row blocked off, and the luxury theater has rows that are already socially distanced because of the seat size. When guests arrive at the theater they need to be wearing their masks at all times unless eating or drinking. Ushers monitor the theaters to make sure that customers are complying. Plexiglass has been installed at the concessions area and contactless payment methods are available. “We are doing everything we can to provide an escape for our guests during these hard times,” Legg said.

Send nominations with a photo and description to: BattleBornBizNV@gmail.com.
Sabrina is a health conscious, athletic, gym owner who found out she was not immune to COVID-19. In July of 2020 Sabrina’s boyfriend at the time, contacted her and let her know that one of his co-workers tested positive for COVID-19, this caused him to get tested and he too was positive. Sabrina promptly got tested and the following day got symptoms, when she got the call that she was positive she was not surprised.

“I had really bad fatigue, chills, sweats, I couldn’t eat anything and I had a cough. The worst was the headache, I have never had a headache so horrible,” said Sabrina.

She had symptoms for about 5 days and quarantined for a full 14 days. Sabrina recalls having extreme exhaustion for about a month and a half. When she got the call she was positive, she remembers being nervous and scared. “They didn’t really tell me anything except that I was positive, so I started googling what to do. That just made me more apprehensive. I felt like I wasn’t given any support and didn’t know what the guidelines were.”

“I credit my full recovery to my already healthy lifestyle prior to getting sick. I prioritize my health, take good care of my body and pay close attention to my nutrition. I am really active so I think my body was able to bounce back.”

At the time she got sick Sabrina recalls being really run down despite her healthy lifestyle. She was just opening up a new business and was working long hours and enduring a lot of stress. Quarantine did cause her additional stress, she states, “I was eager to get back to my business, and I was very lonely. I am a pretty social person and I got pretty sad not seeing anyone.”

Sabrina is now back to a 100% and back to her gym. She cautions others, “Be very diligent with your masks and sanitizing. I know my diligence before I got sick kept me from getting others sick before I found out I was positive.”
As Nevadans continue to find ways to adapt to the way COVID-19 has changed our day-to-day lives, some loosening of restrictions with the latest directive from Governor Sisolak, we could see a positive impact in how Nevadans feel about their mental health. According to the Centers for Disease Control’s household pulse survey, Nevada ranks among the top U.S. states for mental health concerns. As of the end of September, Nevada ranked second for symptoms of depressive disorder, fifth for symptoms of anxiety or depressive disorder, and seventh for symptoms of anxiety disorder. As the Mayo Clinic reports, regular exercise can ease depression and anxiety by not only releasing feel-good endorphins, but also providing an outlet for taking your mind off worries.

With sports competition allowed to return (with some restrictions), Nevadans have the opportunity for more social interaction, which can help with your mood. And doing something positive to manage depression or anxiety is considered a healthy coping strategy.

- **Nevada Community Resources:** Offers programs that provide immediate assistance to women and men who have experienced domestic abuse.
- **Nevada Victims of Crime Programs:** Provides immediate financial assistance to qualified victims of violent crimes.
- **Nevada Domestic Violence Programs:** Advocates for the prevention and elimination of domestic and sexual violence through partnering with communities.
- **National Domestic Violence Hotline:** Helps victims and survivors of domestic violence Call (800) 799- 7233 or text LOVEIS to (866) 331-9474, TTY 1-800-787-3224.
- **SafeNest:** Provides crisis services to anyone experiencing abuse. Call/Text: (702) 646-4981.
- **National Sexual Assault Hotline:** Call (800) 656-HOPE (4673)
- **Crisis Support Services:** Call 1-800-273-8255; text CARE to 839863 for 24/7/365 crisis services.
- **SafeVoice:** Provides students a safe place to submit tips concerning their own safety or that of others. Call 1-833-216-SAFE (7233) Available 24/7/365. Tips always stay anonymous.
- **Children’s Mobile Crisis Team:** Supports youth and families of youth in crisis over the phone so that the proper care is given. Support includes telephone triage, crisis response, crisis stabilization, and after care. Rural and Southern NV - (702) 486-7865 Northern NV - (775) 688-1670
- **National Suicide Prevention Lifeline:** Offers you or someone you know with emotional support, for helpful resources call 1-800-273-TALK (8255). Lifeline is free, confidential.
- **Veterans Crisis Line:** Supports veterans in crisis and their families and friends (800)273-8255 (press 1) or text 838255. TTY (800) 799-4889
The Division of Employment, Training and Rehabilitation has launched a COVID-19 filing system for Nevada residents who have been affected by the pandemic to receive benefits. This is completely separate from filing for traditional unemployment insurance benefits.

**Extended Benefits Pandemic Emergency Unemployment Compensation (PEUC) & State Extended Benefits (SEB)**

- For regular UI, after claimants have exhausted their 26 weeks of benefits, they may be eligible to apply for 13 weeks of PEUC benefits.
- The state is in testing to finalize the ability to offer 7 weeks of SEB to those who are eligible and have exhausted PEUC.
- Weekly PEUC and SEB benefit amounts are same as UI weekly benefit amount.
- You cannot receive PEUC or SEB while receiving regular UI benefits.
- The SEB computer programming for the UI system is being completed and tested in October. Once the SEB module is activated, claimants’ payments will be brought up to date.
- PUA eligibility is up to 39 weeks; SB3 adds an additional 7 weeks which brings the PUA benefit total up to 46 weeks during the pandemic assistance period.

**ID.me**

- DETR is working with ID.me to confirm claimants’ identification.
- ID.me is a secure, identity verification tool outside of the DETR system to verify their eligibility ... and is a way to more quickly advance one step in their process.
- You may receive a message from them to verify your identity with ID.me.
- The State encourages you to respond to their message by clicking on the green button and following instructions to verify your identity.
- Participation is optional as claims are still reviewed to determine if they meet the additional criteria that are required to be eligible for benefits.
- Problems? - ID.me offers a video chat capability with trained staff to help guide you through the online verification process.
How to File a Complaint.

➢ **Unemployment Fraud** – You may be prosecuted for felony theft. Collecting benefits based on false, misreported, or unreported information is fraud. If you are filing or reopening a claim, or certifying for benefits, you are legally responsible to follow the requirements set by State law. File an UI claim  File an UI Fraud Report

➢ **COVID-19 Treatment** – Nationwide marketers making unsubstantiated claims that their products and therapies can prevent or treat COVID-19. FTC Details.

➢ **Government Grants** - Scammers ask you to complete a grant application and request your bank account information to transfer funds.

➢ **Contact Tracers** – Tracers need health information. Don’t pay, give out your social security number or financial info to a contact tracer.

➢ **CDC or WHO** - Watch for emails and calls claiming to be from a government agency. Don’t click on links from sources you don’t know.

➢ **PPE Supplies** - Before you order from a supply company; research the company, know the terms of the sale, and pay by credit card.

➢ **WhatsApp/Facebook** - Messages offering money to people in need - through grants, coupons for food support, or other giveaways. They're fake, and not from those companies.

➢ **Stimulus Packages** - Don’t give out your social security number, bank account, or credit card number to receive your payment.

➢ **Job Opportunities** - Scammers pay for online ads, promising you ways to earn money online. But do your research before you sign up and certainly before you pay. Avoid job scams

➢ **Mortgage** - It’s illegal for companies to charge you before they help you with your mortgage. Talk with a legal services organization first.

➢ **Donations** - Do your homework. Never donate in cash, by gift card, or by wiring money.

➢ **Utility Imposter** – Utility companies don’t make demands for cash. Legitimate reps will explain how to make a payment using their established payment options/programs.

➢ **Rate Schemes** - It is illegal for a company to charge a fee before performing a debt relief service. Report credit card interest schemes to: FTC complaint

➢ **Students** - Don’t click on a link to get a message that needs to be opened through a portal link requiring your university login. It’s a phishing scam.
USA COVID-19 Data

Confirmed Cases: 8,008,402
Deaths: 218,097

U.S. State Department – Travel Advisory

➢ U.S. Department of State - Travel Advisories
➢ Update on U.S. Passport Operations
➢ COVID-19 Travel Information
➢ Smart Traveler Enrollment Program

Worldwide COVID-19 Data

Total Confirmed Cases 39,081,143
Total Deaths 1,100,635

*U.S. State Department
*Centers for Disease Control and Prevention