

TRACK 1: PRESCRIBER EDUCATION AND GUIDELINES - STATUS REPORT

Provided as a Reference to the Governor's Opioid State Action Accountability Taskforce.

Report Timeframe

From: 3/16/2017

To: 6/30/2018

Description

Track 1 focuses on education and guidelines for prescribers to reduce the risk of substance misuse and overdose. New prescribing requirements, established through AB 474 (2017 legislative session) went into effect January 1, 2018.

Highlights

Education and outreach activities continued to provide information about AB 474 regulations for prescribers and the public.

The Board of Pharmacy (BOP) and Nevada Department of Health and Human Services (DHHS) completed analysis regarding prescriptions and overdose, including an initial review of the PMP (Prescription Monitoring Program, also referred to as PDMP) data prior to January 1, 2018 (the effective date of AB 474) compared to the same data sets after the effective date. They reviewed monthly prescription totals from January 1, 2017 to May 31, 2018 and shared this data with the Governor's Opioid State Accountability Task Force.

Nevada named one of only three states (others were New Mexico and Rhode Island) to meet the six key indicators for saving lives by the [National Safety Council's Prescription Nation Report 2018](#).

Milestones Completed

- Collected controlled substance prescription data via the PMP and completed preliminary analysis (presented at the July 17 Accountability Task Force meeting)
- Tested direct reporting of overdose (per overdose regulations) through the health information exchange
- Conducted public workshop on overdose regulations
- Submitted drug overdose regulations to Legislative Council Bureau; Permanent Regulations Approved by the Department of Public and Behavioral Health (DPBH) for Overdose Reporting
- Developed administrative procedures to track and analyze overdose reports
- Worked across sectors with the public and prescribers to promulgate regulations to clarify AB 474
- All of the Boards that oversee prescribers of controlled substances addressed opioid continuing education by regulation or policy

Ongoing Action Items

- Continue to provide pain management training and information series through Project ECHO
- Continue to analyze data and make available to prescribers, the public, and other stakeholders
- Continue outreach and education around AB 474 and promote the role of prescribers in helping to address the opioid crisis

Milestones Anticipated in the Next Quarter

| Description of Milestone | Progress |
|------------------------------------------------------------------------------------------------------|-------------|
| 1) Analyze PDMP data and include “unit of use” data points (number of pills, dosage, etc.) | In progress |
| 2) Proved stakeholders and the public with access to the data | In progress |
| 3) Identify any policies needed to enhance current laws | In progress |
| 4) Nevada State Board of Health (BOH) to approve final regulations to implement provisions of AB 474 | In progress |

Challenges and Recommendations

To support ongoing improvements for Track 1, challenges identified in the third quarter are shared along with suggested actions.

Despite systematic efforts by state staff and licensing boards, some providers have misinformation or are lacking information. Suggested Actions:

- Continue to promote websites and support the licensing boards, associations, and other organizations that can provide information and resources.
- Engage providers in sharing information peer-to-peer; share best practices among physicians that are in alignment with AB 474.
- Continue to promote websites and support the licensing boards, associations, and other organizations that can provide information and resources.

The needs for communication with the general public may be ongoing. Suggested Actions:

- Continue to engage and leverage the local coalitions to share information and be a resource within local communities.
- Share information and data about implementation and early outcomes with the public.

Resources/Information

About AB 474 <https://www.youtube.com/watch?v=JvGB7QBACiM&feature=youtu.be>

Know Your Pain Meds <http://knowyourpainmeds.com/prescription-monitoring/>

Project ECHO Pain Management Resources <https://med.unr.edu/echo/clinics/pain-management>

Prescribe 365 Nevada (DPBH) <http://prescribe365.nv.gov/>

Nevada State Medical Association AB 474 Toolkit <https://nvdoctors.org/practice-resources/prescribing-opioids/>

Nevada Medical Association <https://nvdoctors.org/practice-resources/prescribing-opioids/>

Track 1 Contacts

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