



A Proclamation by the Governor

WHEREAS, Sleep apnea is a common, chronic disorder in which one or more pauses in breathing or shallow breathing occurs during sleep; and

WHEREAS, *The New England Journal of Medicine* estimates that sleep apnea affects at least nine percent of women and twenty four percent of men and sleep apnea results in poor sleep and is the leading cause of excessive, daytime sleepiness, and

WHEREAS, Physicians and caregivers of individuals diagnosed with sleep apnea should be notified of their condition as anesthesia and certain medications can create a dangerous situation when administered to someone with sleep apnea; and

WHEREAS, Many people afflicted by sleep apnea do not know they have it, anesthesiologists and pain clinicians are well advised to screen their patients for sleep apnea prior to administering treatment; and

WHEREAS, A continuous positive airway pressure device, or CPAP, can be utilized to continually supply pressurized air to an individual's lungs and airway to help treat this condition, and

NOW, THEREFORE, I, BRIAN SANDOVAL, GOVERNOR OF THE STATE OF NEVADA, do hereby proclaim October 5th as

SLEEP APNEA AWARENESS DAY



In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Nevada to be affixed at the State Capitol in Carson City, this 24th day of October, 2013.

By the Governor:

Governor

By _____

Cors Miller
Secretary of State

Deputy