



A Proclamation by the Governor

WHEREAS, over 38 percent of Nevada's children are overweight or obese and over 63 percent of adults in Nevada are overweight or obese; and

WHEREAS, unhealthy eating patterns and too little physical activity are primary contributing factors to overweight and obesity; and

WHEREAS, obesity can lead to severe and chronic health problems during childhood, adolescence and adulthood, including heart disease, diabetes, cancer, and asthma; and

WHEREAS, obesity-related conditions now account for approximately 20 percent of all medical spending; and

WHEREAS, there are concrete steps we can take right away as concerned family members, educators, planners, health care providers, service providers, and community leaders to ensure that our communities, youth institutions, and places of work combat overweight and obesity by supporting physical activity and promoting healthy eating;

NOW, THEREFORE, I, BRIAN SANDOVAL, GOVERNOR OF THE STATE OF NEVADA, do hereby proclaim September 15 -21, 2013 as

HEALTHY LIVING WEEK IN NEVADA



In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Nevada to be affixed at the State Capitol in Carson City, this 20th day of August, 2013.

By the Governor: _____ Governor

Chris Miller Secretary of State

By _____ Deputy