

## *A Proclamation by the Governor*

**WHEREAS**, encouraging and promoting a culture of healthy and active living directly supports the State of Nevada's goal of maintaining a high quality of life for its residents; and

**WHEREAS**, providing young people with opportunities to learn the importance of healthy lifestyle choices, including the importance of daily physical activity and exercise, is a critical public health and wellness objective; and

**WHEREAS**, the health benefits associated with physical activity at an early age play a leading role in reducing rates of heart disease, diabetes and other obesity-related health problems among children; and

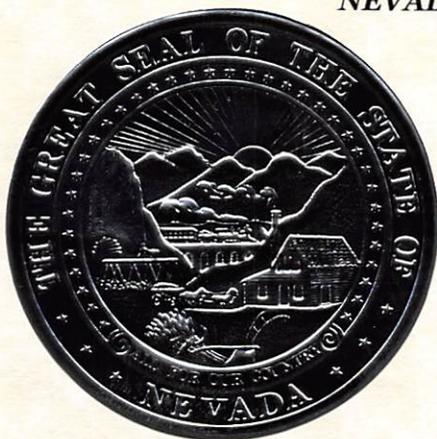
**WHEREAS**, walking and bicycling to school not only provide meaningful opportunities to encourage physical activity, but also reduce traffic congestion in the vicinity of schools and contribute to enhanced safety on the roads, as well as improvements in air quality; and

**WHEREAS**, students walking and bicycling to school with parents and caregivers fosters opportunities to mentor children about pedestrian and bicycle safety and its benefits related to health and the environment, while encouraging families to incorporate physical activity into their daily routines; and

**WHEREAS**, on March 16, 2016, Nevada students and families will join with schools and community organizations across the state to participate in the 7<sup>th</sup> Annual Nevada Moves Day, celebrating the benefits of walking and bicycling to school and promoting a broader awareness of the importance of pedestrian and bicycle safety;

**NOW, THEREFORE, I, BRIAN SANDOVAL, GOVERNOR OF THE STATE OF NEVADA, do hereby proclaim March 14-18, 2016, as**

### **NEVADA MOVES WEEK**



*In Witness Whereof*, I have hereunto set my hand and caused the Great Seal of the State of Nevada to be affixed at the State Capitol in Carson City, this 4<sup>th</sup> day of March, 2016.

By the Governor:

Governor

*Barbara K. Geary*  
Secretary of State

By

*Scott M. Kurtz*  
Deputy

