



A Proclamation by the Governor

WHEREAS, promoting the health and wellness of all Nevada citizens remains a critical function of state government and a strategic priority for the Silver State; and

WHEREAS, 1 out of every 3 deaths among women are caused by heart disease and stroke every year, and up to 80% of these deaths may be preventable through healthy lifestyle choices and habits; and

WHEREAS, many of the risk factors associated with cardiovascular diseases are related to behavioral health and wellness choices, including diet and nutrition, exercise and physical activity, and regular screenings and consultations with medical care providers; and

WHEREAS, raising awareness about prevention and early detection of heart disease promotes healthier communities in Nevada, and initiatives to educate and inform Nevadans about the risks of heart disease and stroke provide a public health service; and

WHEREAS, the American Heart Association initiated the first National Wear Red Day in 2003 as part of a nationwide effort to raise awareness about heart disease and stroke among women and to provide greater resources enabling women to take steps to prevent these deadly diseases; and

WHEREAS, the State of Nevada proudly joins communities across the nation participating in National Wear Red Day, and all Nevadans are encouraged to show support for the American Heart Association's Go Red for Women Campaign combating heart disease and stroke among women;

NOW, THEREFORE, I, BRIAN SANDOVAL, GOVERNOR OF THE STATE OF NEVADA, do hereby proclaim February 5, 2016 to be

NATIONAL WEAR RED DAY IN NEVADA



In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Nevada to be affixed at the State Capitol in Carson City, this 3rd day of February, 2016.

By the Governor:

Governor

Barbara K. Cegavske
Secretary of State

By

Deputy