



## *A Proclamation by the Governor*

**WHEREAS**, cardiometabolic syndrome – a constellation of risk factors including hypertension, diabetes, high cholesterol, and obesity that increase the risk of cardiovascular disease – is a nationwide epidemic; and

**WHEREAS**, 1 in 3 adults in the United States have been diagnosed with hypertension, which accounts for 46.3 million ambulatory visits each year; and

**WHEREAS**, hypertension has directly claimed more than 50,000 lives in the U.S.; and

**WHEREAS**, the yearly economic impact of hypertension to the U.S. will be over \$76 billion including healthcare services, medications, and missed days of work; and

**WHEREAS**, diabetes affects nearly 8.3% of the U.S. population – an estimated 25.8 million individuals – and an additional 79 million people are considered to have pre-diabetes; and

**WHEREAS**, diabetes is the seventh leading cause of death in the U.S. and is a primary cause of blindness, kidney disease, and lower extremity amputations; and

**WHEREAS**, 33.8% of the U.S. population is obese – a condition that can cause heart disease, stroke, type 2 diabetes, and certain types of cancer – and 34% of the United States population is overweight; and

**WHEREAS**, obesity not only affects adults, but approximately 17% of U.S. children and adolescents are overweight; and

**WHEREAS**, 16.3% of the U.S. adult population has high cholesterol, and people with high cholesterol have approximately twice the risk of heart disease as people with optimal levels; and

**WHEREAS**, primary care practitioners have the ability to decrease the prevalence of cardiometabolic risk by using aggressive methods for early identification and comprehensive treatments of patients who present multiple cardiometabolic risk factors;

**NOW, THEREFORE, I, BRIAN SANDOVAL, GOVERNOR OF THE STATE OF NEVADA**, do hereby proclaim October 2014 as

### **CARDIOMETABOLIC RISK AWARENESS MONTH**



*In Witness Whereof*, I have hereunto set my hand and caused the Great Seal of the State of Nevada to be affixed at the State Capitol in Carson City, this 8<sup>th</sup> day of September, 2014.

By the Governor:

Governor

*Bob Miller*

Secretary of State

By \_\_\_\_\_

Deputy